

# How to use your Kinder Cards!

**START HERE!**

**Use these cards to get your child ready for Kindergarten.**

Each card has:

- 1 Kindergarten Readiness Skill
- 2 Activity
- 3 Game

**From your friends at Austin PBS!**

## DOWNLOAD APPS

**Obtain these three free bilingual apps from your phone or tablet's app store:**



PBS KIDS Games



PBS Parents Play & Learn



Daniel Tiger for Parents



# FOR PARENTS: A Brief Check In

Both you and your child benefit if you are in a good mental state.

☐ Have you had something to eat?



☐ Take a moment to take a deep breath, invite your child to join.



☐ Take a nature break, step outside for a moment. What do you see, hear, smell?



☐ Have you had enough sleep?



☐ Taking a quick shower is a great way to reset!



☐ What's a recent victory (no matter how small) that you've experienced?



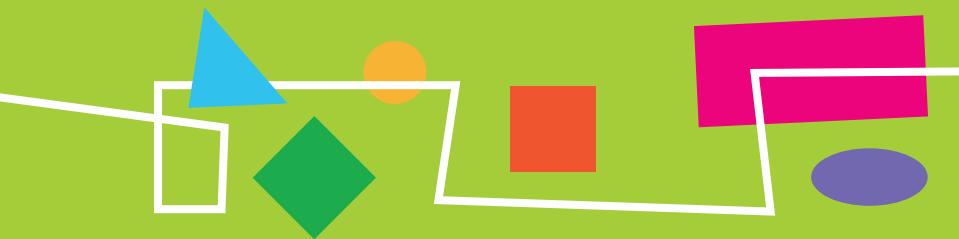
*If you are having a mental health crisis, call Austin Travis County Integral Care at 512-472-4357. Or call 2-1-1 and choose option 8.*





## **SKILL**

**Identify colors of the rainbow and basic shapes: circle, square, triangle, rectangle, oval, diamond.**



**Math/Oral Fluency**

**I can do it!**



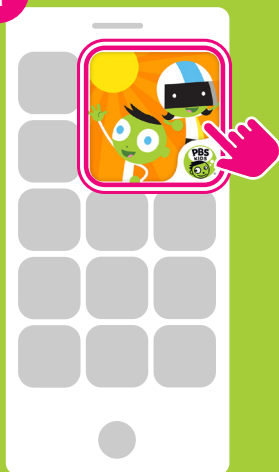
# ACTIVITY

Invite your child to draw shapes while you name them.

## LET'S PLAY

### PLAY & LEARN: IN THE CAR

1



2



3





## SKILL

**Use objects to show and name quantities up to 10:**

$$1 = \text{●}$$

$$2 = \text{●●}$$

$$3 = \text{●●●}$$

**etc.**



**Math/Oral Fluency**

**I can do it!**



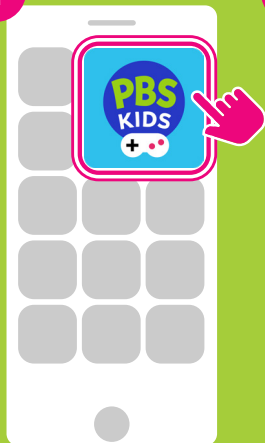
# ACTIVITY

At the grocery store, ask your child to count vegetables or fruits as you put them into the cart.

## LET'S PLAY

### PBS KIDS GAMES: CURIOUS GEORGE BUG CATCHER

1



2



3





## **SKILL**

**Can make identifiable forms using pencil, crayon, or marker.**

**Physical/Motor Skill**

**I can do it!**



# ACTIVITY

You and your child can draw pictures of your favorite things: people, pets, toys, places, etc.

## LET'S PLAY PBS KIDS GAMES: PAINT-A-LONG







## **SKILL**

**Child can dress themselves  
and independently  
use the bathroom.**



**Physical/Motor Skill**

**I can do it!**





## SKILL

**Uses verbal/non-verbal communication to communicate needs, wants, and feelings.**



**Social & Emotional Learning/Oral Fluency**

**I can do it!**



# ACTIVITY

Make a feeling face (sad, happy, angry) while looking into a mirror. Ask your child to guess the feeling. Name different feelings and talk about times when you and your child have felt these emotions.



## LET'S PLAY

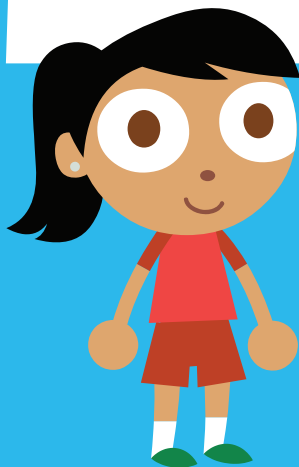
### DANIEL TIGER FOR PARENTS: FEELING





## **SKILL**

**Plays well and takes turns  
with others**



**Social & Emotional Learning**

**I can do it!**



# ACTIVITY

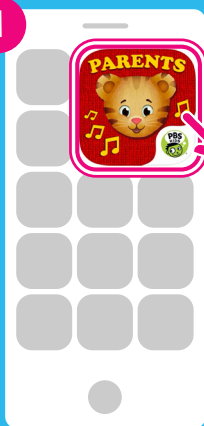
Take turns creating something together!  
(Picture, salad, tower, patterns)



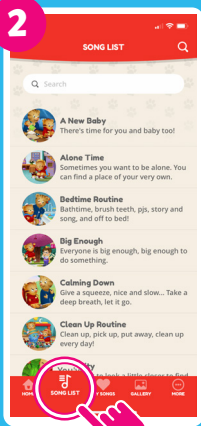
## LET'S PLAY

### DANIEL TIGER FOR PARENTS: SHARING

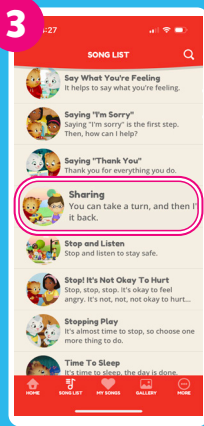
1



2



3



## SKILL

**Able to clean up after themselves when asked (clothes, toys, and shoes).**



**Social & Emotional Learning**

**I can do it!**



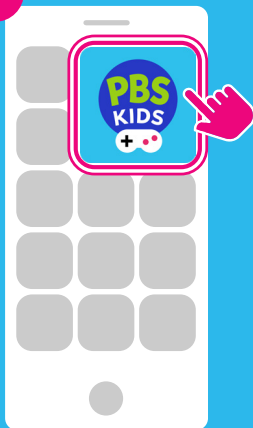
# ACTIVITY

Use a favorite song or the clean up song from the Daniel Tiger Parents app to make clean-up time fun.

## LET'S PLAY

### PBS KIDS GAMES: ROSIE'S RULES RIDING WITH ROSIE

1



2



3







## **SKILL**

**Can follow 2-3 step  
directions (First, you...  
Second, you...).**



**Social & Emotional Learning**

**I can do it!**



# ACTIVITY

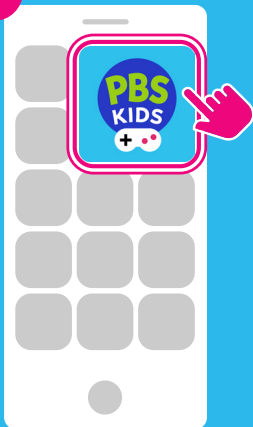
Create a list of daily two-step activities with your child. (Wash your face/brush your teeth; put on your shoes/tie your shoes, etc). Start by doing them together until the child can do them on their own.



## LET'S PLAY

### PBS KIDS GAMES: CAT IN THE HAT SORTA-MA-GOGO

1



2



3



## SKILL

**Can recognize first and last name in writing.**



**Reading/Oral Fluency**

**I can do it!**



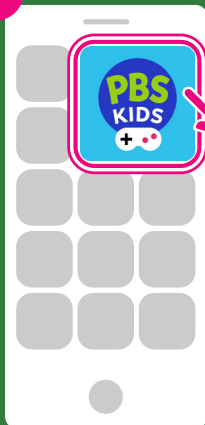
# ACTIVITY

Make a puzzle using the capital letters of your child's name.  
Help them spell their name. Add lower case letters later.

## LET'S PLAY

### PBS KIDS GAMES: SESAME STREET LETTER DANCE PARTY

1



2



3





## **SKILL**

**Is able to follow a complete story, including beginning, middle, and end. Can retell favorite parts of a story.**

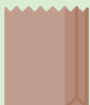
**Reading/Oral Fluency**

**I can do it!**



# ACTIVITY

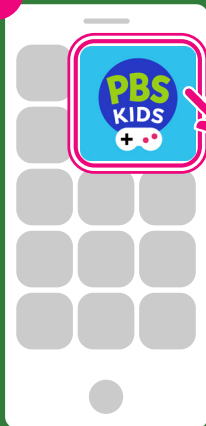
Create puppets using things from your home (socks, gloves, paper bags, or popsicle sticks). Use the puppets to create or retell a story.



## LET'S PLAY

### PBS KIDS GAMES: SESAME STREET STORY BOOK BUILDER

1



2



3

